



Taco Time® has listed the top eight food allergens recommended by the FDA. The **X** indicates the item contains the specified allergen.

Item	Allergens							
	SOY	EGGS	MILK	PEANUT	WHEAT	TREE NUTS	FISH	SHELLFISH
Burritos								
Burrito, Big Juan, Chicken	X		X		X			
Burrito, Big Juan, Pork	X		X		X			
Burrito, Big Juan, Seasoned Beef	X		X		X			
Burrito, Casita, Chicken	X		X		X			
Burrito, Casita, Pork	X		X		X			
Burrito, Casita, Seasoned Beef	X		X		X			
Burrito, Chicken & Black Bean	X		X		X			
Burrito, Chicken B.L.T.	X		X		X			
Burrito, Chicken Ranchero	X		X		X			
Burrito, Crisp Chicken	X		X		X			
Burrito, Crisp Meat	X		X		X			
Burrito, Crisp Pinto Bean	X		X		X			
Burrito, 5 Alarm	X		X		X			
Burrito, Soft Pinto Bean	X		X		X			
Burrito, Soft Seasoned Beef	X		X		X			
Burrito, Sweet pork	X		X		X			
Burrito, Veggie	X		X		X			
Tacos								
Taco, Crisp, Seasoned Beef	X		X		X			
Taco, Soft, Chicken	X		X		X			
Taco, Soft, Junior	X		X		X			
Taco, Soft, Pork	X		X		X			
Taco, Soft, Seasoned Beef	X		X		X			
Taco, Super Soft, Chicken	X		X		X			
Taco, Super Soft, Pork	X		X		X			
Taco, Super Soft, Seasoned Beef	X		X		X			
Salads								
Salad, Chicken	X		X		X			
Salad, Seasoned Beef	X		X		X			
Salad, Fiesta Chicken	X		X		X			
Quesadillas								
Quesadilla, Cheese	X		X		X			
Quesadilla, Chicken	X		X		X			
Quesadilla, Mini	X		X		X			
Sides								
Mexi Fries®	X							
Stuffed Mexi Fries®	X		X		X			

Item	Allergens							
	SOY	EGGS	MILK	PEANUT	WHEAT	TREE NUTS	FISH	SHELLFISH
Sides, Mexi-Rice	X		X					
Sides, Refritos w/ chips	X		X					
Sides, Refritos w/o chips	X		X					
Desserts								
Churro w/ cinn & sugar	X	X	X		X			
Churro, Bavarian Cream	X	X	X		X			
Crustos®	X		X		X			
Empanada, Apple	X		X		X			
Empanada, Banana Cream	X		X		X			
Empanada, Bavarian Cream	X		X		X			
Empanada, Blueberry	X		X		X			
Empanada, Cherry	X		X		X			
Empanada, Chocolate Chip	X		X		X			
Empanada, Chocolate Peppermint	X		X		X			
Empanada, Cinnamon Swirl	X		X		X			
Empanada, Coconut Cream	X		X		X	X		
Empanada, Key Lime	X		X		X			
Empanada, Peach	X		X		X			
Empanada, Pumpkin	X	X	X		X			
Empanada, Strawberry Cheesecake	X		X		X			
Individual Items								
Filling, Fajita Chicken Strips	X		X		X			
Filling, Crispy Chicken Strips	X		X		X			
Filling, Ground Beef	X							
Cheddar Cheese			X					
Sour Cream			X					
Guacamole								
Salsa, Salsa Fresca								
Salsa, Salsa Nuevo								
Salsa, Salsa Verde								
Dressing, Chipotle Ranch	X		X		X			
Dressing, Ranch	X	X	X					
Dressing, Thousand Island	X	X						
Shells, Taco								
10" Flour Torilla	X				X			
11" Wheat Tortilla	X				X			
Tortilla Salad Bowl	X		X		X			
Breakfast								
Burrito, Egg and Cheese	X	X	X		X			
Burrito, Bacon and Egg	X	X	X		X			
Burrito, Country	X	X	X		X			
Burrito, Egg and Taters	X	X	X		X			
Burrito, Sausage and Egg	X	X	X		X			
Burrito, Ultimate	X	X	X		X			

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	SOY	EGGS	MILK	PEANUT	WHEAT	TREE NUTS	FISH	SHELLFISH
Burrito, Green Chili Breakfast	X	X	X		X			
Burrito, Enchilada Breakfast	X	X	X		X			
Quesadilla, Breakfast	X	X	X		X			
Taters and gravy	X		X		X			
Optional Products								
Green Chili Burrito, Pork	X		X		X			
Green Chili Chimichanga	X		X		X			
Green Chili Enchiladas	X		X		X			
Enchilada Soup	X		X		X			
Navajo Taco	X		X		X			
Taco Burger	X	X	X		X			
Plate It (Rice & beans)	X		X					
Nachos								
Original	X		X					
Chicken	X		X		X			
Seasoned beef	X		X					
Kid's Menu								
Chicken Nuggets, Kids	X	X			X			
Corn Dog Bites, Kids	X	X	X		X			
Salsa Bar								
5 Alarm Hot Sauce								
Smoky 1000 Island	X	X						
Avocado Ranch	X	X	X					
Banana pepper								
BBQ sauce								
Black olives								
Casa sauce	X	X	X					
Cherry Peppers								
Chipotle Ranch	X	X	X		X			
Cilantro								
Enchilada Sauce	X							
Fry Sauce								
Guacamole								
Honey Mustard								
Hot sauce								
Ketchup								
Lemon Wedge								
Lime wedge								
Onions								
Pepperoncini								
Picante Sauce								
Jalapeno, pickled								
Ranch dressing	X	X	X					

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Salsa Fresca								
Salsa Nuevo								
Salsa Verde								
Sour Cream			X					
Sunflower Seeds								
Thousand Island	X	X						
Tortilla Chips								



Your health is of utmost concern to us. Please be aware that Taco Time® products may contain traces of allergens (peanuts, tree nuts, soybeans, wheat, milk, eggs, fish, and shellfish) or food sensitivities from a manufacturing facility and preparation on site.

The Allergen information Taco Time® has provided is based on standard product formulations. Product variations may occur based on regional differences, ingredient substitutions, seasonal conditions, differences in product production at the store and suppliers. Some items listed may not be available in all stores. This list may not include test products, limited time offers, custom orders, self-service orders and regional menu variations.